

Provider Directory

CAMBRIDGE HEALTH ALLIANCE

Our mission is to improve the health of our communities.



Cambridge Health Alliance

A COMMUNITY OF CARING

Cambridge Health Alliance includes The Cambridge Hospital, Somerville Hospital, Whidden Memorial Hospital, and more than 20 primary care sites.

PSYCHIATRY - ADDICTION PSYCHIATRY**Inpatient Detoxification Unit**

Patient population: 18+ years of age

Number of beds: 26

Location: Somerville Hospital

Hours: 24 hours a day/7 days a week

Intake: (617) 591-4228

The Inpatient Detoxification Unit is a 26-bed unit for the treatment of individuals with alcohol and other substance dependence. It is served by a Central Intake for Addictions Service that provides 24-hour, seven-days-per-week intake for any acute addiction service need. The Detoxification Unit is led by an ASAM-certified internist who is supported by in-house psychiatry consultation, available daily.

A fundamental goal of treatment planning is to identify precipitants necessitating inpatient care, those leading to an acute illness or an exacerbation of a chronic condition. Process goals are related to detoxification, medical evaluation and treatment, reasons for relapse, re-stabilization of patient, and timely coordinated discharge planning.

Intensive Residential Treatment Program

Patient population: 18+ years of age

Number of beds: 19 beds

Location: Central Street Health Center

Hours: 24 hours a day/7 days a week

Intake: (617) 591-4228

A 19-bed Short-Term Intensive Residential Treatment Program serves individuals in early sobriety who need a safe setting in which to receive intensive treatment. The program is led by master's level staff. Internal medicine and psychiatrist consultants meet with patients regularly.

Outpatient Addictions Service (OAS)

Patient population: 18+ years of age

Location:

Central Street Health Center

26 Central Street

Somerville, MA 02143

All enquiries to: (617) 591-6050

The Outpatient Addictions Service (OAS) provides a range of outpatient services for substance abusing individuals and their families. A multidisciplinary team provides a walk-in evaluation Mon – Fri at 10.30 AM.

The service provides a continuum of intensive services that include:

- Day Treatment
- Intensive Outpatient Program
- Outpatient Group and Individual treatment, including psychopharmacology for those with a co-occurring mental health disorder and substance abuse problem.



Mark J. Albanese, MD

Director of Addictions
 Central Street Health Center
 26 Central Street
 Somerville, MA 02143
 (617) 591-6020

Specialty: Psychiatry
 Addiction Medicine

Board Certification: Psychiatry
 Addiction Psychiatry

Appointment: Assistant Clinical Professor of Psychiatry
 Harvard Medical School

Relationship: CHAPO Physician

Grad/Medical School: Cornell University Medical College

Residency: Mass. Mental Health Center



Karsten Kueppenbender, MD, CGP

Addictions Psychiatrist
 Central Street Health Center
 26 Central Street
 Somerville, MA 02143

Specialty: Addiction Psychiatry

Board Certification: Psychiatry
 Addiction Psychiatry

Appointment: Instructor in Psychiatry
 Harvard Medical School

Relationship: CHAPO Physician

Grad/Medical School: Albert Ludwigs University Faculty of Medicine

Residency: Massachusetts General Hospital/McLean Hospital
 (Psychiatry)

Fellowship: McLean Hospital/Brigham & Women's Hospital
 (Addiction Psychiatry)



Ira L. Mintzer, MD

Co-Medical Director, Primary Care Center
 Primary Care Center
 1493 Cambridge Street
 Cambridge, MA 02139
 617-665-1068

Specialty: PCP - Adult Medicine
 Addiction Medicine

Board Certification: Internal Medicine
 Addiction Medicine

Appointment: Assistant Professor of Medicine,
 Harvard Medical School

Relationship: CHAPO Physician

Grad/Medical School: State University of New York, Buffalo

Residency: Boston City Hospital

James Recht, MD

Central Street Health Center
 26 Central Street
 Somerville, MA 02143
 617-591-6033

Specialty: Psychiatry
 Addiction Psychiatry

Board Certification: Psychiatry

Appointment: Clinical Instructor in Psychiatry at Harvard
 Medical School

Relationship: CHAPO Physician

Grad/Medical School: University of Wisconsin Medical School

Residency: New England Medical Center (Psychiatry)

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