

# Provider Directory

CAMBRIDGE HEALTH ALLIANCE

Our mission is to improve the health of our communities.



Cambridge Health Alliance

**A COMMUNITY OF CARING**

Cambridge Health Alliance includes The Cambridge Hospital, Somerville Hospital, Whidden Memorial Hospital, and more than 20 primary care sites.

**PSYCHIATRY - CHILD PSYCHIATRY**

CHA is proud to provide expert, acute psychiatric care for children and teens at its CHA Cambridge hospital campus. Our patients have a wide range of diagnoses including PTSD, ADHD, mood disorders, psychotic disorders, substance abuse, and disruptive disorders. Our goals are to provide a comprehensive assessment of children, to understand their needs, and to provide short-term treatment and aftercare planning. Our care teams work from a strength-based model that aims to identify and build on each child's strengths and talents, and not just focus on problems and deficiencies. We see parents and guardians as partners in care, and we may use individual, group, family, and recreational therapy as part of the treatment program.

**Child Assessment Unit**

The Child Assessment Unit (CAU) is an award-winning facility that helps children aged 3-12 who are in acute emotional or behavioral distress. It is located at the CHA Cambridge hospital campus.

Since 2002, the CAU has used an Open Arms approach to working with children. This approach, based on the Collaborative Problem Solving model, creates an environment that is seen as 'safe' by both patients and providers, and focuses on setting limits and managing behaviors rather than punishing children.

The guiding philosophy of Collaborative Problem Solving is that "children do well if they can." Using this model, we approach difficult behavior as we would a learning disability. Rather than reward and punish children for their behaviors, we work to help them handle frustration and help them adapt to their changing environment.

As a result of this effort, the CAU has become a nurturing, restraint-free, and seclusion-free environment that provides open visiting hours for families. We have won several national awards for this work, but the true rewards come every day when we help our patients and their families.

**Adolescent Assessment Unit**

The Adolescent Assessment Unit (AAU) helps teenagers ages 12-19 who are in acute emotional or behavioral distress. As of June 2009, it is also located at the CHA Cambridge hospital campus.

This new unit has been completely renovated to allow us to provide care in the most appropriate manner. Similar to our sister facility, the AAU staff works to create an environment that is seen as 'safe' by both patients and providers.

CHA offers a number of outpatient programs to help children of all ages and backgrounds reach their fullest potential. Our expert staff of Psychiatrists, Psychologists, Nurse Clinical Specialists, and Social Workers, have extensive training in the mental health of children and teenagers, and many serve as faculty at Harvard Medical School.

Due to a high demand for our services, CHA is prioritizing appointments for patients enrolled in Primary Care at CHA, and to residents of our service area (Cambridge, Chelsea, Everett, Malden, Revere, Somerville, and Winthrop, MA). If you or your child do not meet these criteria, our staff may be able to assist you in finding a referral service.

**Services:**

Our general mental health program for children, the Child Ambulatory Service, provides state-of-the-art evaluation and treatment for children and teenagers including individual and family treatment, medication management (psychopharmacology), cognitive-behavioral therapy, as well as pediatric neurology, neuropsychological testing, and group therapy programs.

**Specialty programs include:**

- Deaf and Hard of Hearing Clinic - Expert care for the deaf and hard-of-hearing community.
- Family and Couples Clinic - Helps couples and families of all ages with a wide range of relationship problems.
- HIV Mental Health - Counseling for people with HIV/AIDS. Visit our Zinberg HIV clinic for more.
- Linguistic and Cultural Programs - Bilingual and bicultural clinicians that help native speakers from across the globe. These services see both adults and children.
- Victims of Violence Services - Specialized programs for people who have suffered acute or chronic trauma, either directly or through a loved one. Visit our VOV site for more.

We also provide mental health services for students at our school based health centers at Cambridge Ridge and Latin High School, Somerville High School, Everett High School, and at the Keverian School (Anna May Powers clinic) in Everett.

**Common reasons why families come to us for help:**

Divorce in the family

Family conflict and arguments

Poor grades in school or unexplained fall in school performance

Drugs or alcohol use

A sudden change in friends or activities

Persistent disobedience, aggression, theft, or vandalism

Childhood fears, anxiety, or depression

**Gloria Acosta, LICSW**

Low self-esteem or withdrawal from family and friends

**Teen Health**

Teen Health Center - Cambridge Rindge and Latin

Sudden gain/loss in weight, 490 Body image issues

Cambridge, MA 02139

Frequent, unexplainable anger, aggression, or temper tantrums

Self-injury or self destructive behavior.

Threats to run away

Inpatient Psychiatry, Central Intake Line:

617-665-1372

**Specialty:** Social Work  
Child Psychiatry

**Board Certification:** Licensed Independent Clinical Social Worker

**Child Psychiatry Child Referral Line:** 617-665-1348

**Languages Spoken:** Spanish

**Relationship:** Allied Health Professional

**Grad/Medical School:** Boston College School of Social Work



**Gloria Carrera, MD**

*Medical Director, Adolescent Assessment Unit*

Cambridge campus  
1493 Cambridge Street  
Cambridge, MA 02139

**Specialty:** Child Psychiatry

**Board Certification:** Psychiatry

**Relationship:** CHAPO Physician

**Grad/Medical School:** Major Univ of San Marcos de Lima Faculty of Medicine



**Nicholas Carson, MD**

*Child Psychiatrist*

Cambridge campus  
1493 Cambridge Street  
Cambridge, MA 02139  
781-306-8640

**Specialty:** Child Psychiatry

**Board Certification:** Child & Adolescent Psychiatry  
Psychiatry

**Appointment:** Research Associate in Psychiatry, Center for  
Multicultural Mental Health Research  
Instructor in Psychiatry, Harvard Medical School

**Relationship:** CHAPO Physician

**Grad/Medical School:** McGill University Faculty of Medicine

**Residency:** Cambridge Health Alliance (Child Psychiatry)  
University of Pennsylvania (Psychiatry)



**Joel Goldstein, M.D.**

*Associate Chief, Child Psychiatry*

Cambridge campus  
1493 Cambridge Street  
Cambridge, MA 02139

**Specialty:** Child Psychiatry

**Board Certification:** Psychiatry  
Child & Adolescent Psychiatry

**Appointment:** Clinical Instructor in Psychiatry  
Harvard Medical School

**Grad/Medical School:** Albert Einstein College of Medicine

**Residency:** Massachusetts Mental Health Center (General  
Psychiatry)  
Cambridge Health Alliance (Child Psychiatry)

**Sanjay Gulati, MD**

Macht Building (Cambridge Campus)  
1493 Cambridge Street  
Cambridge, MA 02139  
(617) 665-1972

- Specialty:** Child Psychiatry
- Board Certification:** Psychiatry
- Appointment:** Instructor in Psychiatry, Harvard Medical School
- Languages Spoken:** American Sign Language
- Relationship:** CHAPO Physician
- Grad/Medical School:** Eastern Virginia Medical School
- Residency:** Albany Medical Center
- Fellowship:** The Cambridge Hospital

**Treniece L. Harris, PhD**

*Staff Psychologist*  
Macht Building (Cambridge Campus)  
1493 Cambridge Street  
Cambridge, MA 02139  
617-591-6033

- Specialty:** Psychology  
Child Psychiatry
- Appointment:** Instructor in Psychiatry, Harvard Medical School
- Relationship:** CHA Psychology
- Grad/Medical School:** Howard University
- Fellowship:** Judge Baker Children's Center  
Children's Hospital

**Judy Hunt, LICSW**

*Social Worker*  
Cambridge Pediatrics  
1493 Cambridge Street  
Cambridge, MA 02139

- Specialty:** Child Psychiatry  
Social Work
- Board Certification:** Social Work
- Relationship:** Allied Health Professional
- Grad/Medical School:** Smith College School of Social Work



**Xenia H. Johnson, MD**

*Director, Community Minority Affairs for Psychiatry; Staff Psychiatrist*  
Windsor Street Health Center - Psychiatry  
119 Windsor Street  
Cambridge, MA 02139  
617-665-1486

- CHA Malden Family Medicine Center**  
195 Canal Street  
Malden, MA 02148  
781-338-0500
- Specialty:** Child Psychiatry
- Appointment:** Instructor in Psychiatry at Harvard Medical School
- Relationship:** CHAPO Physician
- Grad/Medical School:** Case Western Reserve University
- Residency:** Medical University of South Carolina
- Fellowship:** The Cambridge Hospital
- Other Information:** Pediatric Psychiatry Consultant to Malden Public Schools, Dearborn Academy, STEP program in Arlington, and MHSPY (Mental Health Services Programs for Youth) in Cambridge, Somerville and the Tri City area - Provider for Pediatric Psychiatry in the African American Mental Health Clinic



**Patrick Latham, PhD**  
*Child and Adolescent Psychologist*  
 Macht Building (Cambridge Campus)  
 1493 Cambridge Street  
 Cambridge, MA 02139  
 617-575-5744

**Specialty:** Psychology  
 Child Psychiatry

**Board Certification:** Psychology

**Appointment:** Instructor in Psychology  
 Harvard Medical School

**Relationship:** CHA Psychology

**Grad/Medical School:** University of Massachusetts - Boston

**Maria Magalhães, LICSW**  
*Social Worker*

East Cambridge Health Center  
 163 Gore Street  
 Cambridge, MA 02141  
 617-665-3000

**Specialty:** Child Psychiatry

**Board Certification:** Social Work

**Languages Spoken:** Portuguese

**Relationship:** Allied Health Professional

**Grad/Medical School:** Boston University School of Social Work

**Residency:** The Family Centre, New Zealand (Family Therapy)



**Anjana Rajan, PsyD**  
*Psychologist*

**Outpatient Psychiatry**  
 81 Highland Avenue  
 Somerville, MA 02143  
 617-575-5690

**Specialty:** Psychology  
 Child Psychiatry

**Board Certification:** Psychology

**Relationship:** CHA Psychology

**Grad/Medical School:** University of Denver



**Nancy Rappaport, MD**

Macht Building (Cambridge Campus)  
 1493 Cambridge Street  
 Cambridge, MA 02139  
 617-575-5900

Teen Health Center - Cambridge Rindge and Latin  
 617-665-1548

**Specialty:** Child Psychiatry

**Board Certification:** Psychiatry  
 Child and Adolescent Psychiatry

**Appointment:** Assistant Professor of Psychiatry,  
 Harvard Medical School

**Relationship:** CHAPO Physician

**Grad/Medical School:** Tufts University School of Medicine

**Residency:** Massachusetts General Hospital



**Debra S. Rosenblum, MD**

Macht Building (Cambridge Campus)  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-1539

*Specialty:* Child Psychiatry

*Board Certification:* Psychiatry  
Child and Adolescent Psychiatry

*Appointment:* Assistant Professor of Psychiatry,  
Harvard Medical School

*Relationship:* CHAPO Physician

*Grad/Medical School:* Boston University School of Medicine

*Residency:* The Cambridge Hospital

**Marta Valiente, LICSW**

*Social Worker*

Macht Building (Cambridge Campus)  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-3458

Anna May Powers Health Center  
20 Nichols Street  
Everett, MA 02149  
617-575-5660

*Specialty:* Child Psychiatry

*Board Certification:* Social Work

*Appointment:* Lecturer on Psychology  
Harvard Medical School

*Languages Spoken:* Spanish

*Relationship:* Allied Health Professional

*Grad/Medical School:* State University of New York, Stony Brook  
(Psychology)

**Susan Walker, M.D.**

*Staff Psychiatrist*

**Child Outpatient Psychiatry**

Macht Building (Cambridge Campus)  
1493 Cambridge Street  
Cambridge, MA 02139  
(617) 665-3458

*Specialty:* Child Psychiatry

*Board Certification:* Psychiatry

*Appointment:* Instructor in Psychiatry  
Harvard Medical School

*Relationship:* CHAPO Physician

*Grad/Medical School:* Brown University School of Medicine

*Residency:* Cambridge Health Alliance

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