

# Provider Directory

CAMBRIDGE HEALTH ALLIANCE

Our mission is to improve the health of our communities.



Cambridge Health Alliance  
**A COMMUNITY OF CARING**

Cambridge Health Alliance includes The Cambridge Hospital, Somerville Hospital, Whidden Memorial Hospital, and more than 20 primary care sites.

**PSYCHIATRY - GERIATRIC PSYCHIATRY**

Cambridge Health Alliance offers mental health and counseling services for adults aged 60 and over through our Harvard-affiliated Department of Psychiatry. These services can help older adults deal with common issues such as depression, and changes in behavior or mental status.

Our offices are based at the Central Street Health Center in Somerville, but we also offer a home visiting program. Depending on your needs, the service may include one-on-one counseling, family therapy, or group treatment.

To find out more about these services for seniors, call our mental health referral line at 617-591-6033.

**Inpatient Mental Health for Seniors:**

Services are available for elderly patients with acute behavior or cognitive health issues and those with a primary psychiatric diagnosis who have additional medical needs. Typical admissions come from patients already in the hospital, those in nursing homes, and elders in the community who have had a significant change in mental status.

Please call 617-665-1372 for more information.

**Stephen L. Pinals, MD**

Whidden campus  
103 Garland Street  
Everett, MA 02149  
617-389-6270

**Specialty:** Psychiatry  
Geriatric Psychiatry

**Board Certification:** Psychiatry  
Geriatric Psychiatry

**Appointment:** Instructor in Psychiatry,  
Harvard Medical School

**Relationship:** CHAPO Physician

**Grad/Medical School:** New Jersey Medical School

**Residency:** Mass. Mental Health Center

**Fellowship:** McLean Hospital

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