

Provider Directory

CAMBRIDGE HEALTH ALLIANCE

Our mission is to improve the health of our communities.



Cambridge Health Alliance

A COMMUNITY OF CARING

Cambridge Health Alliance includes The Cambridge Hospital, Somerville Hospital, Whidden Memorial Hospital, and more than 20 primary care sites.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE

The Occupational Health Program at Cambridge Health Alliance is staffed by world renowned physicians who are on the faculty of both the Harvard School of Public Health and Harvard Medical School.

We are conveniently located in Somerville's Assembly Square and offer a full complement of services to help businesses of every size. Today, we have more than 125 clients representing a broad range of industries including manufacturing, pharmaceutical, retail, and the public sector.

Occupational Health services fall into three categories: Treatment Services, Prevention and Assessment Services, and Specialty Services.

Treatment Services:

A number of treatment services are available for your employees: when they have an urgent health need, if they are recovering from an injury, or if they need specialty care. Our goals are to help restore employees' health and get them back to work as soon as possible.

The Occupational Health Program also works with businesses to help prevent injuries and illnesses. Below are examples of some of the screenings that we do:

- Screenings and Exams
- Pulmonary function testing
- Drug and alcohol testing
- Hearing testing
- DOT physicals
- Fit for duty exams
- Annual physicals
- Pre-placement physicals
- Immunizations/vaccinations
- Medical surveillance (OSHA Required)
- Police/fire physicals
- Back injury prevention
- On-site health and wellness screenings

Specialized services are also available to businesses and their employees. We are constantly trying to find new ways to keep your employees safe and healthy while keeping costs down:

- Job Analysis
- Orthotics/Prosthetics clinic
- Ergonomic workstation evaluation
- Safety/ hazard identification
- Corporate wellness

Contact Information:

5 Middlesex Avenue
Somerville, MA 02145
617-591-4660

Hours:

Mon-Fri 8:30am - 5:00pm

Erin Farnsworth, APRN
Nurse Practitioner

Specialty: Occupational & Environmental Medicine
Board Certification: Nurse Practitioner
Relationship: Allied Health Professional
Grad/Medical School: Boston College



Rose H. Goldman, MD
Director, Division of Occupational & Environmental Medicine

5 Middlesex Avenue
Somerville, MA 02145
617-591-4660

Specialty: Occupational & Environmental Medicine
Internal Medicine Specialist
Board Certification: Internal Medicine
Preventive Medicine
Occupational & Environmental Medicine
Appointment: Associate Professor of Medicine,
Harvard Medical School
Relationship: CHAPO Physician
Grad/Medical School: Yale University School of Medicine
Residency: Waterbury Hospital
Fellowship: Harvard School of Public Health

Jonathan Holder, DO

CHA Assembly Square
5 Middlesex Avenue
Somerville, MA 02143
617-591-4660

Specialty: Occupational & Environmental Medicine
Board Certification: Internal Medicine
Relationship: CHAPO Physician
Grad/Medical School: New York College of Osteopathic Medicine
Residency: Saint Elizabeth's Hospital



Stephen N. Kales, MD
Medical Director, Employee Health and Industrial Medicine

CHA Assembly Square
5 Middlesex Avenue
Somerville, MA 02145
617-591-4660

Specialty: Occupational & Environmental Medicine
Board Certification: Internal Medicine
Preventive Medicine
Occupational & Environmental Medicine
Appointment: Associate Professor of Medicine,
Harvard Medical School
Languages Spoken: Greek; Spanish; Portuguese
Relationship: CHAPO Physician
Grad/Medical School: Harvard Medical School
Residency: The Cambridge Hospital
Fellowship: Harvard School of Public Health

Farnsworth, Erin, APRN	2	Holder, Jonathan, DO	2
Goldman, Rose H., MD	2	Kales, Stephen N., MD	2