

# Provider Directory

CAMBRIDGE HEALTH ALLIANCE

Our mission is to improve the health of our communities.



Cambridge Health Alliance  
**A COMMUNITY OF CARING**

Cambridge Health Alliance includes The Cambridge Hospital, Somerville Hospital, Whidden Memorial Hospital, and more than 20 primary care sites.

**OBSTETRICS AND GYNECOLOGY - MIDWIFERY**

Our certificated Nurse-Wives provide expert, personalized healthcare and support to women of all ages and backgrounds. They are trained in the two disciplines of nursing and midwifery, and are certified by The American College of Nurse-Midwives. In Massachusetts, Nurse-Midwives are licensed as advanced practice nurses and are authorized to write prescriptions.

Our midwives, many of whom are bicultural and bilingual, provide complete care throughout your pregnancy, labor and birth, including prenatal physical exams; lab work; individualized teaching; treatment of common health problems, referrals for amniocentesis and ultrasound; and natural childbirth.

You don't have to be pregnant to see a midwife! The Cambridge Midwives also provide well-woman care including annual GYN exams and pap smears; family planning; preconceptual counseling; safe sex counseling, and diagnosis and treatment of sexually transmitted diseases (STDs).

**Cambridge Birth Center**

The Cambridge Birth Center located adjacent to The Cambridge Hospital, allows women to give birth naturally in a comfortable, homelike setting. The Birth Center is staffed by the Cambridge Midwives who are certified professionals trained in the disciplines of nursing and midwifery. Midwives provide complete care throughout a woman's pregnancy, labor, and birth, including prenatal exams, lab work, patient education, and natural childbirth. The Birth Center has 3 large birthing rooms, with large beds and Jacuzzis. In addition, there are 2 exam rooms for prenatal and gynecological care. With the Birth Center located next to The Cambridge Hospital, women can be easily transferred to the hospital if medical assistance is needed.

The Cambridge Birth Center coordinates the doula services. Doulas are women who are trained to help women transition from pregnancy to motherhood. They provide support and encouragement to multi-cultural women who deliver at Cambridge Health Alliance.

**Birth Center Services:**

- Obstetrics
- Routine GYN care
- Family planning
- Birth Center deliveries

**Contact Information:****Cambridge Women's Health Center**

1493 Cambridge Street  
Cambridge, MA 02139  
(617) 665-2800

**Cambridge Birth Center**

10 Camelia Ave  
Cambridge, MA 02139  
(617) 665-2229



**Constance Breece, CNM**

*Certified Nurse Midwife*

Cambridge Birth Center  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-2229

**Specialty:** Midwifery

**Board Certification:** Certified Nurse Midwife

**Languages Spoken:** Spanish

**Relationship:** Cambridge/Somerville

**Grad/Medical School:** Yale School of Nursing

**Nichola Douglas, CNM**

Cambridge Birth Center  
1493 Cambridge Street  
Cambridge, MA 02139

**Specialty:** Midwifery

**Board Certification:** Certified Nurse Midwife

**Relationship:** Allied Health Professional

**Grad/Medical School:** Columbia University, New York



**Jill Fieleke, CNM, NP, MSN**

*Certified Nurse Midwife*

East Cambridge Health Center  
163 Gore Street  
Cambridge, MA 02141  
(617) 665-3000

**Specialty:** Midwifery

**Board Certification:** Certified Nurse Midwife

**Languages Spoken:** Spanish

**Grad/Medical School:** MGH Institute of the Health Professions



**Christley A. Harris, CNM**

*Certified Nurse Midwife*

Cambridge Birth Center  
1493 Cambridge Street  
Cambridge, MA 02139  
(617) 665-2229

Revere Family Health  
454 Broadway  
Revere, MA 02151  
781-485-8222

**Specialty:** Midwifery

**Languages Spoken:** Spanish

**Relationship:** Cambridge/Somerville

**Grad/Medical School:** Pembury Maternity Hospital



**Phary Her, CNM**  
*Certified Nurse Midwife*  
 Cambridge Birth Center  
 1493 Cambridge St  
 Cambridge, MA 02138  
 617-665-2229

**Specialty:** Midwifery  
**Board Certification:** Certified Nurse Midwife  
**Languages Spoken:** Khmer  
**Grad/Medical School:** University of Rhode Island



**Lara Holbrook, CNM**  
*Certified Nurse Midwife*  
 Cambridge Birth Center  
 1493 Cambridge Street  
 Cambridge, MA 02139  
 617-665-2229

Somerville campus  
 230 Highland Avenue  
 Somerville, MA 02143  
 617-591-4800

**Specialty:** Midwifery  
**Board Certification:** Nurse Midwife  
**Relationship:** Allied Health Professional  
**Grad/Medical School:** University of Pennsylvania



**Ellen Lapowsky, CNM**  
*Certified Nurse Midwife*  
 Cambridge Birth Center  
 1493 Cambridge Street  
 Cambridge, MA 02139  
 (617) 665-2229

**Specialty:** Midwifery  
**Board Certification:** Certified Nurse Midwife  
**Relationship:** Allied Health Professional  
**Grad/Medical School:** University of Pittsburgh



**Leslie Ludka, MSN, CNM**  
*Director, Nurse Midwifery Service and the Cambridge Birth Center*

**OB/GYN**  
 Cambridge Birth Center  
 10 Camelia Ave.  
 Cambridge, MA 02139  
 617-665-2229

**Specialty:** Midwifery  
**Board Certification:** Certified Nurse Midwife  
**Grad/Medical School:** Yale University School of Nursing



**Nicole May, CNM**  
*Certified Nurse Midwife*  
 Cambridge Birth Center  
 1493 Cambridge Street  
 Cambridge, MA 02139  
 (617) 665-2229

**Specialty:** Midwifery  
**Board Certification:** Certified Nurse Midwife  
**Relationship:** Allied Health Professional  
**Grad/Medical School:** Frontier Nursing School of Midwifery

**Karen Murphy-Fitch, CNM**  
 Cambridge Birth Center  
 1493 Cambridge Street  
 Cambridge, MA 02139

**Specialty:** Midwifery  
**Board Certification:** Certified Nurse Midwife  
**Relationship:** Allied Health Professional  
**Grad/Medical School:** Columbia University, New York



**Joyce Nichols, RN, MSN, CNM**  
 Cambridge Birth Center  
 1493 Cambridge St  
 Cambridge, MA 02139  
 617-665-2229

**Specialty:** Midwifery  
**Board Certification:** Certified Nurse Midwife  
**Relationship:** Allied Health Professional  
**Grad/Medical School:** Georgetown University



**Laurie Ososky, CNM**  
*Certified Nurse Midwife*  
 Cambridge Birth Center  
 1493 Cambridge Street  
 Cambridge, MA 02139  
 (617) 665-2229

Womens Health Center - Cambridge  
 1493 Cambridge Street  
 Cambridge, MA 02139  
 617-665-2800

**Specialty:** Midwifery  
**Board Certification:** Certified Nurse Midwife  
**Relationship:** Allied Health Professional  
**Grad/Medical School:** Columbia University



**Tiffany Sommer, RN, MSN, CNM**  
*Certified Nurse Midwife*

Women's Health Center - Somerville  
230 Highland Ave  
Somerville, MA 02143  
617-591-4800

**Specialty:** Midwifery

**Board Certification:** Certified Nurse Midwife

**Languages Spoken:** Dutch

**Relationship:** Allied Health Professional

**Grad/Medical School:** University of New Mexico

Breece, Constance, CNM .....	2	Ludka, Leslie, MSN, CNM .....	3
Douglas, Nichola, CNM .....	2	May, Nicole, CNM .....	4
Fieleke, Jill, CNM, NP, MSN .....	2	Murphy-Fitch, Karen, CNM .....	4
Harris, Christley A., CNM .....	2	Nichols, Joyce, RN, MSN, CNM .....	4
Her, Phary, CNM .....	3	Ososky, Laurie, CNM .....	4
Holbrook, Lara, CNM .....	3	Sommer, Tiffany, RN, MSN, CNM .....	5
Lapowsky, Ellen, CNM .....	3		