

# Provider Directory

CAMBRIDGE HEALTH ALLIANCE

Our mission is to improve the health of our communities.



Cambridge Health Alliance

**A COMMUNITY OF CARING**

Cambridge Health Alliance includes The Cambridge Hospital, Somerville Hospital, Whidden Memorial Hospital, and more than 20 primary care sites.

**Specialties** ..... **1**

    Obstetrics and Gynecology ..... 1

    Obstetrics and Gynecology - Midwifery ..... 8

    Pediatric/Adolescent Gynecology ..... 13

**Index** ..... **14**

**OBSTETRICS AND GYNECOLOGY**

The Department of OB/GYN and Women's Health offers a complete spectrum of obstetrical and gynecology care to women of all ages. Services are provided by a multidisciplinary staff of nurses, midwives, and physicians at locations throughout Cambridge, Somerville, and Revere. Staff at each site work together to provide patients with comprehensive care.

Women's Health Center - Somerville and Cambridge:

The Women's Health Center in Somerville is located on the 5th floor of the South Building at the Somerville hospital campus. The Women's Health Center in Cambridge is located on the third floor of the Ambulatory Care Center on the Cambridge Campus. Both serve as the major OB/GYN clinical site. They offer comprehensive OB/GYN services to women of all ages, including routine GYN exams, OB care, allied mental health, screenings, minor surgical procedures, and sophisticated diagnostic testing. Services are linked to medical and surgical specialties to ensure coordination of care.

Maternal-Fetal Medicine services:

These services are available at The Cambridge Hospital for women experiencing high-risk pregnancies. Maternal-Fetal Medicine specialists look at the health of the mother and the unborn child simultaneously to reduce risk factors. On site genetic counseling and prenatal diagnostics are available.

Labor and Delivery Services:

The Maternity Unit located at The Cambridge Hospital provides premier labor, delivery, and postpartum care for women. Physicians, midwives, and nurses work together through the birthing process to ensure the health of both the mother and infant. The Cambridge Hospital currently offers 7 labor rooms, 5 postpartum rooms, 1 C-section room, and 4 patient triage areas.

The Services:

- Routine Outpatient Care
- Routine obstetric and gynecologic services and screenings for women of all ages
- Family planning, nutrition, and office procedures
- Expert Maternity care, including traditional and centering models of prenatal care and two wonderful birthing options for families, our labor and delivery unit at the Cambridge campus and our Birth Center - located across the street
- Excellent gynecological surgical services
- Expert Menopause care
- State-of-the-art testing services, like Digital mammography and Bone density testing
- Access to specialists in areas like Neurology, Surgery, Orthopaedics, and our Award-winning mental health programs
- Our Brand-New Breast Center and Imaging Center where patients will find a comfortable, secure setting that maintains your privacy at all times.

To make an appointment:

Somerville Women's Health Center 617-591-4800

Cambridge Women's Health Center 617-665-2800

East Cambridge Health Center 617-665-3000

Revere Family Health Center 781-485-8222



**Sarah Bansen, APRN**  
*OB/GYN Nurse Practitioner*

Women's Health Center - Somerville  
230 Highland Avenue  
Somerville, MA 02143  
617-591-4800

Somerville campus  
230 Highland Avenue  
Somerville, MA 02143  
617-591-4500

**Specialty:** Obstetrics and Gynecology

**Grad/Medical School:** MGH Institute of the Health Professions



**Kristen Chase, PA-C**  
*Physician Assistant*

**Specialty:** Obstetrics and Gynecology

**Board Certification:** Physician Assistant

**Relationship:** Allied Health Professional

**Grad/Medical School:** MA College of Pharmacy and Health Sciences



**Patricia Chaudhuri, MD**  
*Staff OB/GYN*

Women's Health Center - Somerville  
230 Highland Avenue  
Somerville, MA 02143  
617-591-4800

Somerville campus  
230 Highland Avenue  
Somerville, MA 02143  
617-591-4500

**Specialty:** Obstetrics and Gynecology

**Board Certification:** Obstetrics/Gynecology

**Appointment:** Clinical Instructor in OB/GYN and Reproductive Biology  
Harvard Medical School  
Assistant Clinical Professor  
Tufts University

**Relationship:** CHAPO Physician

**Grad/Medical School:** Tufts University School of Medicine

**Residency:** New York Medical College  
St. Margaret's Hospital for Women

**Sarah Crane, MD**

Womens Health Center - Cambridge  
1493 Cambridge Street  
Cambridge, MA 02143  
617-665-1660

Cambridge campus  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-1000

**Specialty:** Obstetrics and Gynecology

**Board Certification:** Obstetrics & Gynecology

**Appointment:** Clinical Instructor in OB/GYN and Reproductive Biology  
Harvard Medical School  
Assistant Clinical Professor  
Tufts University

**Relationship:** CHAPO Physician

**Grad/Medical School:** University of Missouri-Kansas City School of Medicine

**Residency:** Boston City Hospital

**Fellowship:** New England Medical Center  
(Pediatric/Adolescent Gynecology)



**Allisyn Dowling, PA-C**

*Physician Assistant*

Cambridge campus  
1493 Cambridge Street  
Cambridge, MA 02139

**Specialty:** Obstetrics and Gynecology

**Relationship:** Allied Health Professional

**Grad/Medical School:** Yale School of Nursing



**Mohamad Farhat, MD**

*Staff OB/GYN*

Revere Family Health  
454 Broadway  
Revere, MA 02151  
781-485-8222

Women's Health Center - Somerville  
230 Highland Avenue  
Somerville, MA 02143  
617-591-4800

**Specialty:** Obstetrics and Gynecology

**Appointment:** Clinical Instructor in Obstetrics, Gynecology and Reproductive Biology  
Harvard Medical School  
Assistant Clinical Professor  
Tufts University

**Relationship:** CHAPO Physician

**Grad/Medical School:** St George's University School of Medicine

**Residency:** State University of NY, Upstate (OB/GYN)



**Kate Faulkner, PA-C**

*Physician Assistant*

Cambridge campus  
1493 Cambridge Street  
Cambridge, MA 02139

**Specialty:** Obstetrics and Gynecology

**Relationship:** Allied Health Professional

**Grad/Medical School:** Northeastern University



**Davina Franco, MD**

*OB/GYN Provider*

Women's Health Center - Somerville  
230 Highland Ave  
Somerville, Ma 02143  
617-591-4800

Somerville campus  
230 Highland Avenue  
Somerville, MA 02143  
617-591-4500

**Specialty:** Obstetrics and Gynecology

**Board Certification:** Obstetrics & Gynecology

**Relationship:** CHAPO Physician

**Grad/Medical School:** University of Texas-Southwestern Medical School

**Residency:** Washington Hospital Center - Washington, DC

**Lynn Galen, MD**

*Affiliated Ob/Gyn Provider*

Womens Health Center - Whidden  
781-640-7343

**Specialty:** Obstetrics and Gynecology

**Board Certification:** Obstetrics & Gynecology

**Grad/Medical School:** Albert Einstein College of Medicine Yeshiva Univ

**Residency:** Bronx Municipal Medical Center, NY



**Miriam D. Goldfarb, M.D.**

*Director, OB/GYN Medical Student Rotation*

Womens Health Center - Cambridge  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-1660

Cambridge campus  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-1000

**Specialty:** Obstetrics and Gynecology

**Board Certification:** Obstetrics and Gynecology

**Appointment:** Clinical Instructor in OB/GYN and Reproductive Biology  
Harvard Medical School  
Assistant Clinical Professor  
Tufts University

**Languages Spoken:** Spanish

**Relationship:** CHAPO Physician

**Grad/Medical School:** Tufts University School of Medicine

**Residency:** University of Massachusetts Medical Center



**Kathleen Harney, MD**

*Chief of OB/GYN; Director, Adolescent Gynecology*

Womens Health Center - Cambridge  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-1660

Cambridge campus  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-1000

**Specialty:** Obstetrics and Gynecology  
Pediatric/Adolescent Gynecology

**Board Certification:** Obstetrics and Gynecology  
Pediatric and Adolescent Gynecology

**Appointment:** Assistant Professor of Obstetrics and Gynecology  
Tufts University School of Medicine  
Lecturer on OB/GYN and Reproductive Biology  
Harvard Medical School

**Relationship:** CHAPO Physician

**Grad/Medical School:** Tufts University School of Medicine

**Residency:** New England Medical Center



**Karen Lefkowitz, APRN**

*Nurse Practitioner*

Women's Health Center - Somerville  
230 Highland Avenue  
Somerville, MA 02143  
617-591-4800

Somerville campus  
230 Highland Avenue  
Somerville, MA 02143  
617-591-4500

**Specialty:** Obstetrics and Gynecology

**Grad/Medical School:** MGH Institute of Health Professions



**Kristen Marcella, PA-C**

Cambridge campus

**Specialty:** Obstetrics and Gynecology

**Board Certification:** Physician Assistant

**Relationship:** Allied Health Professional



**Evelyn Neiman, APRN**

*Nurse Practitioner*

Women's Health Center - Somerville  
230 Highland Avenue  
Somerville, MA 02143  
617-591-4800

Somerville campus  
230 Highland Avenue  
Somerville, MA 02143  
617-591-4500

**Specialty:** Obstetrics and Gynecology

**Languages Spoken:** Spanish; Portuguese

**Relationship:** Cambridge/Somerville

**Grad/Medical School:** Boston College



**Brian W. O'Connor, M.D.**

96 Garland Street, 2nd floor  
Everett, MA 02149  
(617) 387-2282

**Specialty:** Obstetrics and Gynecology

**Board Certification:** Obstetrics and Gynecology

**Relationship:** Whidden Medical Staff

**Grad/Medical School:** Georgetown University School of Medicine

**Residency:** Walter Reed Army Medical Center



**Jennifer Retsinas, MD**

Revere Family Health  
454 Broadway  
Revere, MA 02151  
781-485-8222

Womens Health Center - Cambridge  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-2800

**Specialty:** Obstetrics and Gynecology

**Board Certification:** Obstetrics and Gynecology

**Appointment:** Clinical Instructor in OB/GYN and Reproductive Biology  
Harvard Medical School  
Assistant Professor  
Tufts University

**Relationship:** CHAPO Physician

**Grad/Medical School:** Brown University School of Medicine

**Residency:** Women & Infants Hospital, Rhode Island, (Obstetrics and Gynecology)



**Tara Singh, MD**

Womens Health Center - Cambridge  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-2800

Cambridge campus  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-1000

**Specialty:** Obstetrics and Gynecology

**Appointment:** Clinical Instructor in OB/GYN and Reproductive Biology  
Harvard Medical School  
Assistant Professor  
Tufts University

**Relationship:** CHAPO Physician

**Grad/Medical School:** Faculty of Medicine, University of Dalhousie, Nova Scotia, Canada

**Residency:** University of British Columbia (Obstetrics and Gynecology)



**Magdi T Soliman, M.D.**

*Associate Chief, OB/GYN*

Womens Health Center - Cambridge  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-1660

Cambridge campus  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-1000

**Specialty:** Obstetrics and Gynecology

**Board Certification:** Obstetrics and Gynecology

**Appointment:** Associate Clinical Professor of Obstetrics and Gynecology  
Tufts University School of Medicine  
Clinical Instructor in OB/GYN and Reproductive Biology  
Harvard Medical School

**Languages Spoken:** Arabic

**Relationship:** CHAPO Physician

**Grad/Medical School:** University of Alexandria Medical School, Egypt

**Residency:** Saint Elizabeth's Hospital



**Arthur G. Spector, M.D.**

*Director, Reproductive Health Services*

Womens Health Center - Cambridge  
1493 Cambridge Street  
Cambridge, MA 02139  
(617) 665-1660

Cambridge campus  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-1000

**Specialty:** Obstetrics and Gynecology

**Board Certification:** Obstetrics and Gynecology

**Appointment:** Clinical Instructor in OB/GYN and Reproductive Biology  
Harvard Medical School  
Assistant Clinical Professor  
Tufts University

**Relationship:** CHAPO Physician

**Grad/Medical School:** Duke University School of Medicine

**Residency:** Beth Israel Deaconess Medical Center



**Merielle Stephens, MD**

Womens Health Center - Cambridge  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-2800

Cambridge campus  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-1000

**Specialty:** Obstetrics and Gynecology

**Board Certification:** OB/GYN

**Appointment:** Clinical Instructor in OB/GYN and Reproductive Biology  
Harvard Medical School  
Assistant Professor  
Tufts University

**Relationship:** CHAPO Physician

**Grad/Medical School:** School of Medicine - SUNY Stony Brook

**Residency:** Vanderbilt University Medical (Obstetrics and Gynecology)



**Andrea Twomey, PA-C**

*Physician Assistant*

Cambridge campus  
1493 Cambridge St.  
Cambridge, MA 02139  
617-665-1000

**Specialty:** Obstetrics and Gynecology

**Board Certification:** Physician Assistant

**Relationship:** Allied Health Professional

**Grad/Medical School:** Mass College of Pharmacy & Health Sciences

**OBSTETRICS AND GYNECOLOGY - MIDWIFERY**

Our certificated Nurse-Midwives provide expert, personalized healthcare and support to women of all ages and backgrounds. They are trained in the two disciplines of nursing and midwifery, and are certified by The American College of Nurse-Midwives. In Massachusetts, Nurse-Midwives are licensed as advanced practice nurses and are authorized to write prescriptions.

Our midwives, many of whom are bicultural and bilingual, provide complete care throughout your pregnancy, labor and birth, including prenatal physical exams; lab work; individualized teaching; treatment of common health problems, referrals for amniocentesis and ultrasound; and natural childbirth.

You don't have to be pregnant to see a midwife! The Cambridge Midwives also provide well-woman care including annual GYN exams and pap smears; family planning; preconceptual counseling; safe sex counseling, and diagnosis and treatment of sexually transmitted diseases.

**Cambridge Birth Center**

The Cambridge Birth Center located adjacent to The Cambridge Hospital, allows women to give birth naturally in a comfortable, homelike setting. The Birth Center is staffed by the Cambridge Midwives who are certified professionals trained in the disciplines of nursing and midwifery. Midwives provide complete care throughout a woman's pregnancy, labor, and birth, including prenatal exams, lab work, patient education, and natural childbirth. The Birth Center has 3 large birthing rooms, with large beds and Jacuzzis. In addition, there are 2 exam rooms for prenatal and gynecological care. With the Birth Center located next to The Cambridge Hospital, women can be easily transferred to the hospital if medical assistance is needed.

The Cambridge Birth Center coordinates the doula services. Doulas are women who are trained to help women transition from pregnancy to motherhood. They provide support and encouragement to multi-cultural women who deliver at Cambridge Health Alliance.

**Birth Center Services:**

- Obstetrics
- Routine GYN care
- Family planning
- Birth Center deliveries

**Contact Information:**

1493 Cambridge St.  
Cambridge, MA 02139  
617-665-2229



**Constance Breece, CNM**

*Certified Nurse Midwife*

Cambridge Birth Center  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-2229

**Specialty:** Obstetrics and Gynecology - Midwifery

**Board Certification:** Certified Nurse Midwife

**Languages Spoken:** Spanish

**Relationship:** Cambridge/Somerville

**Grad/Medical School:** Yale School of Nursing



**Marylou Carr, RN, MSN, CNM**

*Certified Nurse Midwife*

Cambridge Birth Center  
1493 Cambridge St.  
Cambridge, MA  
617-665-2229

**Specialty:** Obstetrics and Gynecology - Midwifery

**Board Certification:** Certified Nurse Midwife

**Languages Spoken:** Portuguese

**Relationship:** Allied Health Professional

**Grad/Medical School:** Emory University

**Nichola Douglas, CNM**

Cambridge Birth Center  
1493 Cambridge Street  
Cambridge, MA 02139

**Specialty:** Obstetrics and Gynecology - Midwifery

**Board Certification:** Certified Nurse Midwife

**Relationship:** Allied Health Professional

**Grad/Medical School:** Columbia University, New York



**Phary Her, CNM**

*Certified Nurse Midwife*

Cambridge Birth Center  
1493 Cambridge St  
Cambridge, MA 02138  
617-665-2229

**Specialty:** Obstetrics and Gynecology - Midwifery

**Board Certification:** Certified Nurse Midwife

**Languages Spoken:** Khmer

**Grad/Medical School:** University of Rhode Island



**Lara Holbrook, CNM**

*Certified Nurse Midwife*

Womens Health Center - Cambridge  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-2800

Women's Health Center - Somerville  
230 Highland Avenue  
Somerville, MA 02143  
617-591-4800

**Specialty:** Obstetrics and Gynecology - Midwifery

**Board Certification:** Nurse Midwife

**Relationship:** Allied Health Professional

**Grad/Medical School:** University of Pennsylvania



**Ellen Lapowsky, CNM**

*Certified Nurse Midwife*

Cambridge Birth Center  
1493 Cambridge Street  
Cambridge, MA 02139  
(617) 665-2229

**Specialty:** Obstetrics and Gynecology - Midwifery

**Board Certification:** Certified Nurse Midwife

**Relationship:** Allied Health Professional

**Grad/Medical School:** University of Pittsburgh



**Leslie Ludka, MSN, CNM**

*Director, Nurse Midwifery Service and the Cambridge Birth Center*

**OB/GYN**

Cambridge Birth Center  
10 Camelia Ave.  
Cambridge, MA 02139  
617-665-2229

**Specialty:** Obstetrics and Gynecology - Midwifery

**Board Certification:** Certified Nurse Midwife

**Grad/Medical School:** Yale University School of Nursing



**Heidi Lyle, CNM, MPH**

East Cambridge Health Center  
163 Gore Street  
Cambridge, MA 02141  
617-665-3000

Cambridge Birth Center  
10 Camelia Avenue  
Cambridge, MA 02139  
617-665-2229

**Specialty:** Obstetrics and Gynecology - Midwifery

**Board Certification:** Certified Nurse Midwife

**Relationship:** Allied Health Professional

**Grad/Medical School:** Boston University School of Public Health



**Nicole May, CNM**  
*Certified Nurse Midwife*  
 Cambridge Birth Center  
 1493 Cambridge Street  
 Cambridge, MA 02139  
 (617) 665-2229

**Specialty:** Obstetrics and Gynecology - Midwifery  
**Board Certification:** Certified Nurse Midwife  
**Relationship:** Allied Health Professional  
**Grad/Medical School:** Frontier Nursing School of Midwifery



**Therese McMahan, CNM**  
 Women's Health Center - Somerville  
 230 Highland Ave.  
 Somerville, MA  
 617-591-4800

Somerville campus  
 230 Highland Avenue  
 Somerville, MA 02143  
 617-591-4500

**Specialty:** Obstetrics and Gynecology - Midwifery  
**Board Certification:** Certified Nurse Midwife  
**Languages Spoken:** Spanish  
**Relationship:** Allied Health Professional  
**Grad/Medical School:** MGH Institute of Health Professions  
 University of Rhode Island



**Maureen McSwiggin, CNM**  
*Certified Nurse Midwife*  
 Womens Health Center - Cambridge  
 1493 Cambridge Street  
 Cambridge, MA 02139  
 617-665-2800

Revere Family Health  
 454 Broadway  
 Revere, MA  
 (781) 485-8222

**Specialty:** Obstetrics and Gynecology - Midwifery  
**Board Certification:** Certified Nurse Midwife  
**Languages Spoken:** Spanish  
**Relationship:** Allied Health Professional  
**Grad/Medical School:** University of Rhode Island



**Joyce Nichols, RN, MSN, CNM**  
 Cambridge Birth Center  
 1493 Cambridge St  
 Cambridge, MA 02139  
 617-665-2229

**Specialty:** Obstetrics and Gynecology - Midwifery  
**Board Certification:** Certified Nurse Midwife  
**Relationship:** Allied Health Professional  
**Grad/Medical School:** Georgetown University

**Laurie Ososky, CNM***Certified Nurse Midwife*

Cambridge Birth Center  
1493 Cambridge Street  
Cambridge, MA 02139  
(617) 665-2229

Womens Health Center - Cambridge  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-2800

**Specialty:** Obstetrics and Gynecology - Midwifery

**Board Certification:** Certified Nurse Midwife

**Relationship:** Allied Health Professional

**Grad/Medical School:** Columbia University



**Kathleen Harney, MD**  
*Chief of OB/GYN; Director, Adolescent  
Gynecology*

Womens Health Center - Cambridge  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-1660

Cambridge campus  
1493 Cambridge Street  
Cambridge, MA 02139  
617-665-1000

**Specialty:** Obstetrics and Gynecology  
Pediatric/Adolescent Gynecology

**Board Certification:** Obstetrics and Gynecology  
Pediatric and Adolescent Gynecology

**Appointment:** Assistant Professor of Obstetrics and Gynecology  
Tufts University School of Medicine  
Lecturer on OB/GYN and Reproductive Biology  
Harvard Medical School

**Relationship:** CHAPO Physician

**Grad/Medical School:** Tufts University School of Medicine

**Residency:** New England Medical Center

Bansen, Sarah, APRN .....	2	Lefkowitz, Karen, APRN .....	4
Breece, Constance, CNM .....	9	Ludka, Leslie, MSN, CNM .....	10
Carr, Marylou, RN, MSN, CNM .....	9	Lyle, Heidi, CNM, MPH .....	10
Chase, Kristen, PA-C .....	2	Marcella, Kristen, PA-C .....	5
Chaudhuri, Patricia, MD .....	2	May, Nicole, CNM .....	11
Crane, Sarah, MD .....	2	McMahan, Therese, CNM .....	11
Douglas, Nichola, CNM .....	9	McSwiggin, Maureen, CNM .....	11
Dowling, Allisyn, PA-C .....	3	Neiman, Evelyn, APRN .....	5
Farhat, Mohamad, MD .....	3	Nichols, Joyce, RN, MSN, CNM .....	11
Faulkner, Kate, PA-C .....	3	O'Connor, Brian W., M.D. ....	5
Franco, Davina, MD .....	3	Ososky, Laurie, CNM .....	12
Galen, Lynn, MD .....	4	Retsinas, Jennifer, MD .....	5
Goldfarb, Miriam D., M.D. ....	4	Singh, Tara, MD .....	6
Harney, Kathleen, MD .....	4, 13	Soliman, Magdi T, M.D. ....	6
Her, Phary, CNM .....	9	Spector, Arthur G., M.D. ....	6
Holbrook, Lara, CNM .....	10	Stephens, Merielle, MD .....	6
Lapowsky, Ellen, CNM .....	10	Twomey, Andrea, PA-C .....	7